According to Edwards, enrolling was quick and easy. He said why not? “Participation in anything to help the area do valuable research on diseases that could potentially affect us all seems ever since. Edwards joined the MURDOCK Study. Her enthusiasm helped her win a $50 gift card to the Gap. “I believe that need research to find cures and better treatment,” said Fannia Gonzalez. “That’s the only way they can do it. Maybe we will not be able to see it, but our kids or our kids will.”

So far, Fannia Gonzalez has recruited her cousin, son, and husband into the MURDOCK Study, as well as several people she met through her job as a screening and referral coordinator at Bethania Health Center. For her efforts, Gonzales won the study’s Refer-A-Friend Raffle in the first quarter of 2015 and a $50 gift card.

Bernie Edwards of Mount Pleasant won the Duke-MURDOCK Study follow-up raffle in the second quarter of 2015. Edwards joined the MURDOCK Study several years ago when his wife, Y. McLand, 54, was performing at a Ben Folds concert and wanted to participate. During a break, he wandered over to the Duke University information table to sign up. “We are all about it, signed up, and has been an active participant ever since.”

“We do not have a separate program for families; it’s all about participating every year; your email in October); instance, if you enrolled in November, you will receive about a month before your enrollment anniversary (for retention) initiatives of its kind. Thank you!”

“We give and it will come back to us. Maybe we will not be able to see it, but our kids or our kids will.”

For more information, visit http://ow.ly/QcoDW or email murdock-study@duke.edu or phone (704) 250-5981.

Seed Funding Voucher Program:
• Use the link to an electronic form that arrives via email about a month before your enrollment anniversary (for retention, if you enrolled in November, you will receive your email in December).
• Complete the paper form that we mail to your home address every year.

The DHMRI is a natural partner and by collaborating on this program, we look forward to expanding a special relationship that has been continued on page 2...
The Importance of Annual Follow-Up

MURDOCK Study commits $100,000 to fund research at NCRC

continued from page 1

“The Duke-MURDOCK Study offers a wealth of assets that can bolster so many research concepts—almost beyond your imagining.” L. Kristin Newby, MD, MHS, principal investigator for the MURDOCK Study

continued from page 1

The collaboration could potentially help thousands of men so far genetically identified to conceive a child more easily. Goodson’s research is a project that will determine whether the NIH moves ahead with a full-scale study and hundreds of participants. This study could mean hope for some couples affected by male infertility, and this could represent a way to improve fertility using a natural, non-invasive approach.”

Douglas Winstead, Duke-MURDOCK Study project leader, said, “It’s a priority for us to partner with our NCRC neighbors on existing research. This collaboration with the NIH was a perfect opportunity to connect campus researchers who had a unique challenge for which the MURDOCK Study offered a solution.”

New study recruiting people with type 2 diabetes

If you want to use the Internet to learn more about your type 2 diabetes, Duke University has a new research study that may interest you.

Duke researchers are looking in the MURDOCK Study participants to join an 18-month study that will test whether differences in diabetes education over the Internet. The study will use a computer program called LIVE, a social network on the Internet that allows people to talk to each other through their avatars (a cartoon representation of you). Participants will try to find out if this program is easy to use and whether it helps to increase patients’ knowledge about managing diabetes and improving control of their blood sugar.

To participate in this study, you must:

• Be between 18 and 75 years old.
• Have access to a private computer running Windows, Windows server 2010 running the Internet Explorer.
• Be able to download and use the LIVE application.
• Be able to commit to the Duke-MURDOCK office for an initial and follow-up appointments.
• Read and speak English.
• Not have kidney failure, severe diabetes, uncontrolled hypertension, severe bone or joint conditions, paraplegia, multiple disabilities, or cancer.

Study participants will be compensated, and all participants will receive a $100 shopping card to purchase any item. From levels 1 to levels 4, you will receive a $50 shopping card to purchase any item.

For more information, please contact the study coordinator, Suzy Berndt, at 919-613-2635.

The Duke-MURDOCK Study and related health studies have expanded into a second office in Kannapolis, and we want you to know about managing diabetes and improving control of their blood sugar.

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